

Deli/Bakery	Dairy
1 pack hamburger buns 4 slices Monterey Jack cheese	1 container crumbled goat cheese 2 c almond milk 3 sticks butter 3/4 c parmesan 1 quart heavy cream 4 eggs
Frozen	Household
1 bag Asian medley veggies 1 bag mixed veggies	
Meats	Cereal/Snacks
1 ½ lbs flank steak 4 (6 oz) salmon fillets 1 pack turkey burgers 8 oz shrimp	20 Oreo cookies

Baking	Canned Goods
<ul style="list-style-type: none"> ¼ c cornstarch ½ c olive oil 1 c brown sugar 1 small bag chopped walnuts 1 box pancake mix 1 syrup bottle 2 T vanilla extract 1 T paprika 2 t cumin 1 T garlic powder 1 T onion powder ¼ t cajun seasoning 1 t oregano 3 T parsley ½ t cayenne pepper 8 oz semisweet chocolate 2 c powdered sugar ¼ c cocoa powder 	<ul style="list-style-type: none"> 1 c soy sauce 1 c rice 1 bottle poppyseed dressing 1 box couscous 2 T mayo 2 T Dijon mustard 1 T honey 1 T chipotle puree 1 can baked beans 1 pkg bowtie pasta 1 jar pesto
Produce	Other
<ul style="list-style-type: none"> 1 bulb garlic 1 carrot 1 bunch green onions 2 bags spinach 1 head of romaine lettuce 1 container strawberries 1 container blueberries 2 bananas 1 lime 1 avocado 3 lbs small red potatoes 8 oz mushrooms 	

